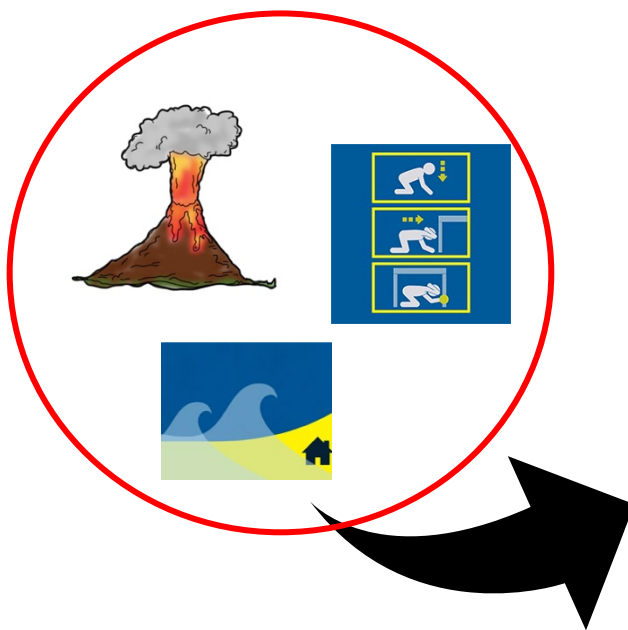




**National Emergency
Management Agency**
Te Rākau Whakamarumarū



Getting ready for an emergency: My household plan

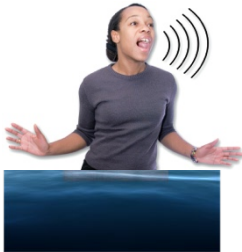


December 2022

My emergency plan



This document is an Easy Read tool to support you to make an **emergency plan** for you / your household.



An **emergency** is when something dangerous happens that can put people at risk.



An emergency can be things like:

- a flood
- an earthquake
- a pandemic which is when a lot of people get very sick very quickly.





Having a **plan** for if an emergency happens will make it much easier for you to get through it.



You can also find more information about making an emergency plan in the Easy Read document called:

Making a plan to be ready for an emergency

You can find this document on this **website**:



www.getready.govt.nz

You can ask someone to support you with filling out your plan like a:



- whānau / family member

- friend

- neighbour

- support worker.



Information about me



My name is:



My home telephone number is:

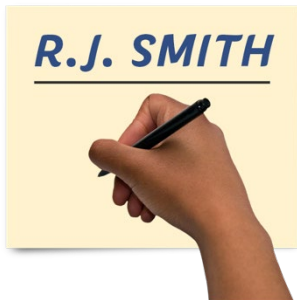


My mobile telephone number is:



My work telephone number is:

Information about the people I live with



Put information about the people you live with on this page.

Their name is:

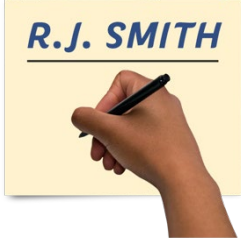


The best phone number to contact them on is:



You can add more information on the next **2 pages**.

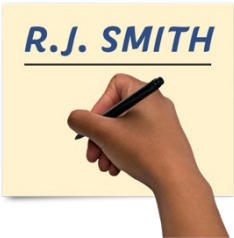
Information about the people I live with



Their name is:



The best phone number to contact them on is:

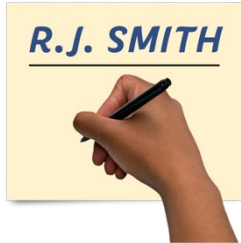


Their name is:



The best phone number to contact them on is:

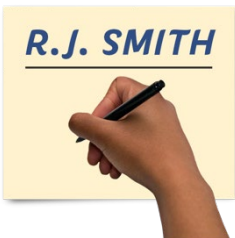
Information about the people I live with



Their name is:



The best phone number to contact them on is:



Their name is:



The best phone number to contact them on is:

Where will we go if we cannot get home?



The place we will go in an emergency if we cannot get home is:

- the address of meeting place:



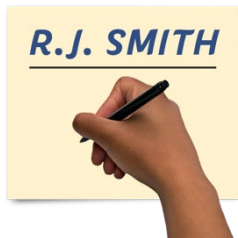
We will get to our meeting place by:



Who will pick up the children?



If we cannot get to the school / early childhood centre 1 of the people on this list will go to / get the children.



Their name is:

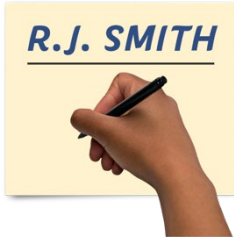


The best phone number to contact them on is:



You can add more information on the next page.

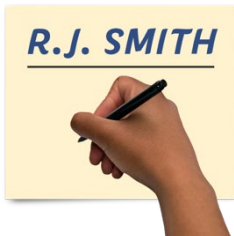
Who will pick up the children?



Their name is:



The best phone number to contact them on is:



Their name is:



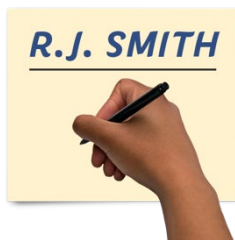
The best phone number to contact them on is:

If we cannot get in touch with each other



We will check in with someone who is outside of our local area if:

- the phone lines stop working
- we cannot get in touch with each other.



The person we will get in touch with is:

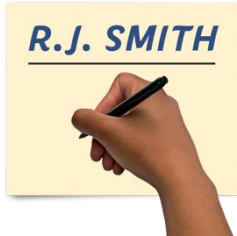


The best way to get in touch with them is:



You can add more on the next page.

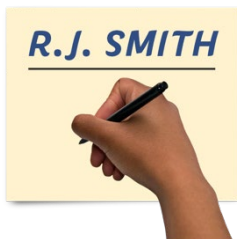
If we cannot get in touch with each other



The person we will get in touch with is:



The best way to get in touch with them is:



The person we will get in touch with is:



The best way to get in touch with them is:

Where will we get updates?



We will keep up to date about what is happening in an emergency at these places:

- radio stations:



- websites:





You can add more on the next page.

Where will we get updates?



We will keep up to date about what is happening in an emergency at these places:

- social media:





- other places we can get information:



Who might need our support?

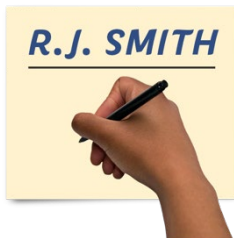


In an emergency:

- we might need support
- other people might need support.



People who might need support are:



Their name is:



The best way to get in touch with them is:



You can add more on the next page.

Who might need our support?

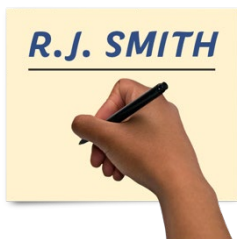
People who might need support are:



Their name is:



The best way to get in touch with them is:



Their name is:



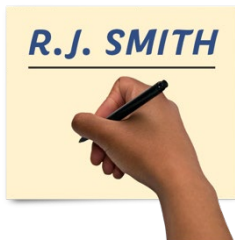
The best way to get in touch with them is:

Who might support us?



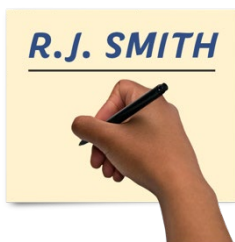
People who might support us are:

Their name is:





The best way to get in touch with them is:



Their name is:



The best way to get in touch with them is:

Who will I need to contact?



The number to call for emergency services is:

1 1 1

In an emergency you may need to contact people like:

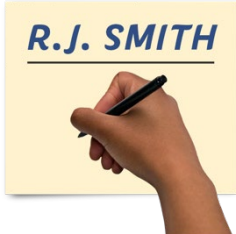


- your family / whānau
- the school your child goes to
- your landlord
- your doctor / medical centre.



Put the contact information for these people on the next **2 pages**.

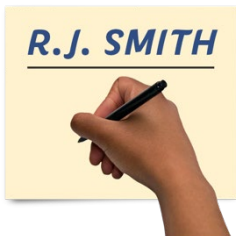
Who will I need to contact?



Their name is:



The best way to get in touch with them is:

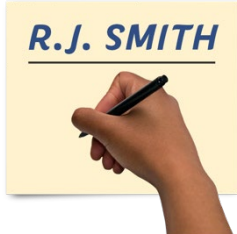


Their name is:



The best way to get in touch with them is:

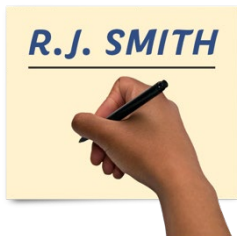
Who will I need to contact?



Their name is:



The best way to get in touch with them is:



Their name is:

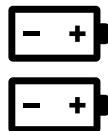


The best way to get in touch with them is:

If you are stuck at home

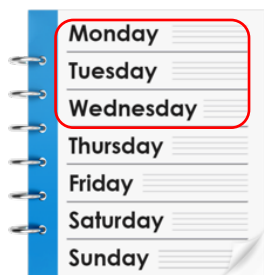


If the emergency is very bad you may have to stay at home without a way to get **supplies** for at least 3 days.



Supplies could be things like:

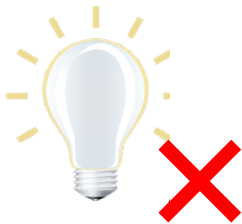
- a stock of bottled water for everyone in your house
- a cupboard stocked with food
- a torch with extra batteries
- any medicines you need.



You should make sure you have supplies for at least 3 days.



Our emergency supplies are kept in this place:



If the power / electricity goes off you might have to find things in the dark.

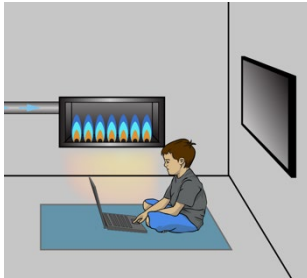


Where to find a torch:



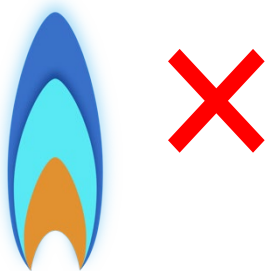
An emergency could mean you need to turn off some utilities like:

- your water supply
- your gas supply.



How to turn off the water supply:





How to turn off the gas supply:

If the power / electricity stops working



An emergency could cut off the power / electricity supply.

If we do not have any electricity / power we will:



- keep warm by:



- cook things with:



If we do not have any electricity / power we will use these things to see when it gets dark:



Put a tick like this in the box to show you have:



enough money in the house in case cash machines stop working



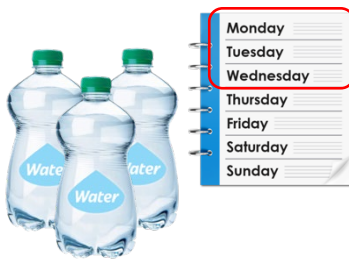
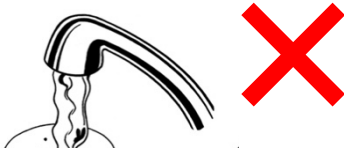
enough fuel in your car / vehicle in case petrol pumps stop working.

If the water supply stops working



An emergency could:

- make your water supply unsafe to use
- cut off your water supply.



You should make sure you have a supply of water that will last you at least 3 days.



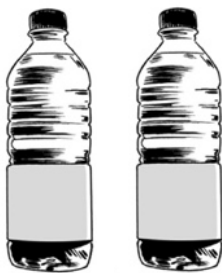
You should make sure you also store plenty of water you can use for:

- cooking
- cleaning.





How much water we have stored:



The stored water is kept in this place:

Put a tick like this in the box to show you have extra water stored for:



cooking



cleaning.

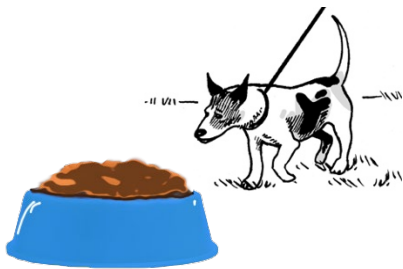


Remember to change your stored water every year.



We will use these things for a toilet if the water supply stops working:





We have water stored for pets / other animals in this place:

If we need to leave home in a hurry



An emergency may mean you need to leave home in a hurry.



You should have a **grab bag** for every person in your house.



A **grab bag** is a small backpack of essential items.



Everyone can find their grab bags in this place:



Put a tick like this in the box to show you have put these things in your grab bag:



some warm clothes



some sturdy shoes you can walk in



a bottle of water



some food / snacks



copies of important documents like bank account / insurance details



copies of photo ID like your passport / driver licence.

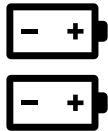
Put a tick like this in the box to show you have put these things in your grab bag:



any medicines you may need



a first aid kit



a torch and spare batteries

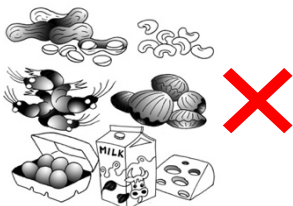


a radio.



Make sure you think about people who have special needs like:

- babies
- people who need to eat special food.





Write down any other things you have put in your grab bag:





This information has been written by the National Emergency Management Agency.



It has been translated into Easy Read by the Make It Easy service of People First New Zealand Inc. Ngā Tāngata Tuatahi.



The ideas in this document are not the ideas of People First New Zealand Inc. Ngā Tāngata Tuatahi.



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